



FUNSEEKERFITNESS.COM

## SOCIAL



@SeeKatieHunt



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# ONLINE TRAINING PACKAGES

## PERSONALIZED PACKAGES:

### Level 1 Online Personal Training Package - \$197

Initial Screening - 45 minutes, Paperwork, Assessment via Facetime or Zoom call

3 total body printable workouts, tailored to you, your space and your equipment

1 - Private, unlisted YouTube video workout. Workout video is tailored to your goals, space and equipment. Allow 10 days from consultation for creation of videos. Videos are yours to access forever and not shared with the public.

One 30 minute online training session completed via Facetime or Zoom

### Level 2 Online Personal Training Package - \$397

Includes Initial Screening, Assessment, 3 printable workouts and 1 Private, unlisted YouTube videos PLUS:

Four - 30 minute 1-1 sessions completed via Facetime or Zoom call

### Level 3 Online Personal Training Package: \$597

Includes Initial Screening, Assessment, 3 printable workouts and 1 Private, unlisted YouTube video PLUS:

Eight 30 minute sessions completed via Facetime or Zoom - OR -  
Four 60 minute sessions completed via FaceTime or Zoom

Weekly assessment of nutrition, if client uses an online tracking tool like My Fitness Pal or My Food Diary.

Free entry (\$197 value) to my next 90 Day Facebook Secret Challenge Group. 90 Day Challenges begin 1/1, 4/1, 7/1 and 10/1/2018. You will be added to the next one!

Special Surprise Bonus Gift!

## ADD-ON OPTIONS:

Individual 30 minute online FaceTime: \$45

30 MINUTE SESSION PACKAGES: 3/\$135, 5/\$200, 10/\$375

Individual 60 minute online FaceTime session: \$70

60 MINUTE SESSION PACKAGES: 3/\$195, 5/\$315, 10/\$600